

# Sustainability

in what respect?

# Sustainability

- Finances
  -
- Resources
  -
- Agriculture
  -
- Building & Design
  -
- Transport
  -
- Management of our forests...

# Sustainability

- Ourselves?

# Definition

Sustainable living is a lifestyle that attempts to reduce an individual's or society's use of the Earth's natural resources and his/her own resources

Practitioners of sustainable living often attempt to reduce their carbon footprint by altering methods of transportation, energy consumption and diet

# Solution

The more money you spend

The more time you have to be out there earning it

The less time you get to spend with the ones you love

# Secret to Success

Give a positive embrace to living with less

# The Movement

InterNational Downshifting Week

[www.DownshiftingWeek.com](http://www.DownshiftingWeek.com)

